Instructions:

After printing out card, cut out, fold on dash line, and paste or tape together.

(upper, inverted portion of card:)

1-888-MolarMan
MM@MolarMan.com
MolarMan.com
MOLARMAN CLUB

(lower portion of card:)

MOLARMAN CLUB
MEMBERSHIP CARD

_____
CLUB MEMBER'S NAME
MOLARMAN CLUB MEMBERS PROMISE TO:

1) BRUSH AND FLOSS YOUR TEETH EVERYDAY TO HELP MOLARMAN FIGHT TOOTH DECAY AND GUM DISEASE.

2) HAVE YOUR TEETH CHECKED AND CLEANED BY YOUR DENTIST AND DENTAL HYGIENIST EVERY SIX MONTHS.

3) EAT HEALTHY SNACKS LIKE FRUITS AND VEGETABLES. AVOID SUGARY SNACKS THAT CAUSE TOOTH DECAY.

4) EXERCISE EVERYDAY. ALWAYS SAY NO TO HARMFUL DRUGS, ALCOHOL, CHEWING AND SMOKING TOBACCO.

E-mail: MM@MolarMan.com   1-888-MolarMan